



SUPPORTING POSITIVE ATHLETE BEHAVIOR THROUGH RESPONSIVE COACHING

**A WORKSHOP THAT TEACHES
COACHES HOW TO HANDLE TOUGH
MOMENTS, BUILD STRONGER TEAMS,
AND KEEP ATHLETES ENGAGED**

WHY THIS WORKSHOP?

Every coach has been there: athletes who are not able to follow directions, disruptions during practice, or a player who just can't seem to focus. It's frustrating and it's easy to assume it's all about attitude or effort.

But what if it's not? What if misbehavior is a signal, not a choice?

This workshop gives coaches the tools to respond with purpose, building connection and accountability while keeping practices productive and athletes growing.

WHAT COACHES WILL GAIN

- Strategies to handle challenging behavior without losing focus or control
- Tools to regulate their own emotions and coach with clarity under pressure
- A framework for building consistent routines that keep athletes engaged
- Tips for designing practices that are inclusive, dynamic, and supportive
- A restorative mindset that builds trust, teaches life skills, and still holds the line on expectations

HOW IT HELPS

- Fewer behavior issues = smoother practices
- More athlete engagement = better learning and performance
- Stronger relationships = a team culture that lasts
- More confidence in tough moments = less stress, more impact

**WHETHER YOU COACH REC LEAGUES OR ELITE TEAMS, THIS WORKSHOP HELPS YOU
COACH THE WHOLE ATHLETE AND BRING OUT THE POSITIVE IN EVERY PLAYER.**

SCAN OR CLICK FOR MORE INFO

