



# POSITIVE SPORTS PARENTING (YOUTH)

Everyone wants to win. But in youth and high school sports there is a second, more important goal: teaching life lessons through sports. In this workshop, sports parents and guardians learn why and how to focus on that second goal. This workshop conveys the essence of the PCA philosophy and gives several tips and tools parents and guardians can use to help their children get the most from youth sports.

**During this workshop parents and guardians will:**

- Assess their children’s goals and desires in youth sports in comparison with their own
- Discuss how to talk with their child about practices and games, and what they are learning through sports
- Learn how to use PCA's principles to best support their children throughout their youth sport experience

“ Parents who attended the PCA parent workshop were overwhelmingly positive on the experience and the value provided. Parents commented that they wished other sports embraced the PCA philosophies ”

**- Lacrosse Club Director,  
Rhode Island**

## UPCOMING WORKSHOP

**Hosted By:**

**Date:**

**Time:**

**Location:**

