



# POSITIVE SPORTS PARENTING (HIGH SCHOOL)

Everyone wants to win. But in youth and high school sports there is a second, more important goal: teaching life lessons through sports. In this workshop, sports parents and guardians learn why and how to focus on that second goal. This workshop conveys the essence of the PCA philosophy and gives several tips and tools parents and guardians can use to help their children get the most from high school sports.

**During this workshop parents and guardians will:**

- Assess their children’s goals and desires in high sports in comparison with their own
- Discuss how to talk with their child about practices and games, and what they are learning through sports
- Learn how to use PCA's principles to best support their children throughout their high school sport experience

“ This workshop was great! There was a lot of interaction and parents learned tons of useful information. They engaged in really good conversation the whole time.”

- High School Athletic Director  
Alexandria, VA

## UPCOMING WORKSHOP

**Hosted By:**

**Date:**

**Time:**

**Location:**

