



## Tips on Giving Recognition

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### Research shows that people need recognition.

Your team, individual players, their parents/caregivers, officials, opponents, etc. are likely to light up when something about them is recognized by someone they care about. Recognition matters and you should strive to give it regularly.

### Here are some tips to help make your recognition effective:

- Make sure the recognition that you give is truthful and specific.
- Highlight a behavior, trait, skill, etc. that you appreciate and want to reinforce.
- Recognize effort, development, and personal contributions beyond just athletic achievements. Some examples:
  - ▶ *“Great hustle down the sideline after you lost the ball!”*
  - ▶ *“Way to bring up the energy of the team with your enthusiasm!”*
  - ▶ *“I really appreciate the work you are putting into dribbling with your weak hand, it’s paying off!”*
- When selecting an object for recognition (such as a trophy, pin, plaque, etc.) make sure that it has meaning to the recipient. This shows your personal connection with them and can help it become something they cherish.

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