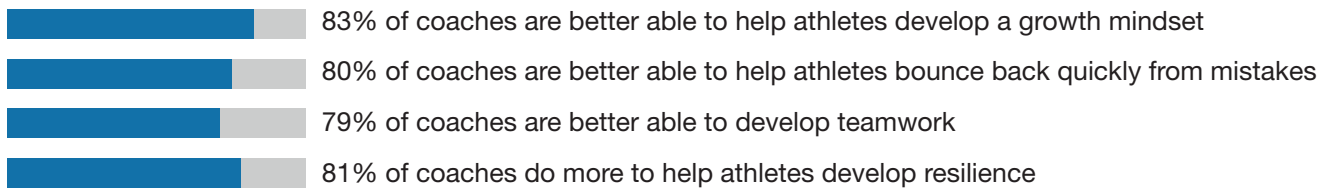


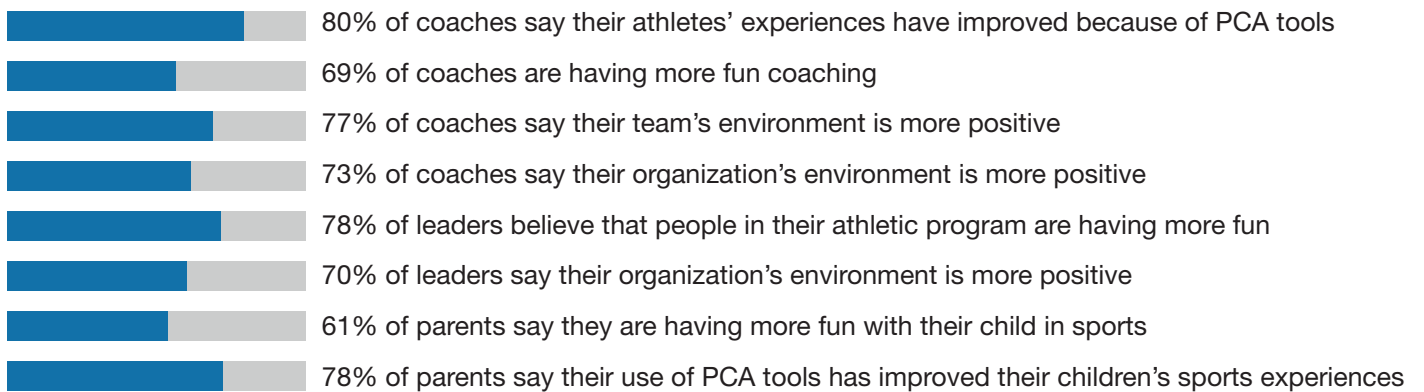
POSITIVE COACHING ALLIANCE PROGRAM IMPACT SUMMARY: 2023

PCA workshop attendees are invited to complete a survey six weeks after participating to share their use of PCA tools and the impact of workshops. Coaches, parents, and organization leaders report the impact of PCA workshops in multiple areas:

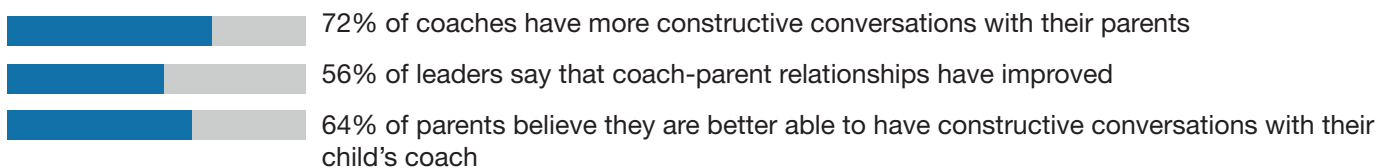
Coaches' Ability To Support Life Skills Development & Social Emotional Learning



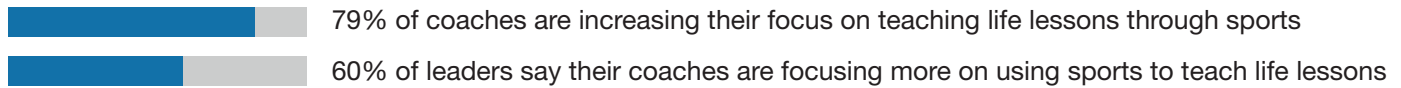
Sports as Fun



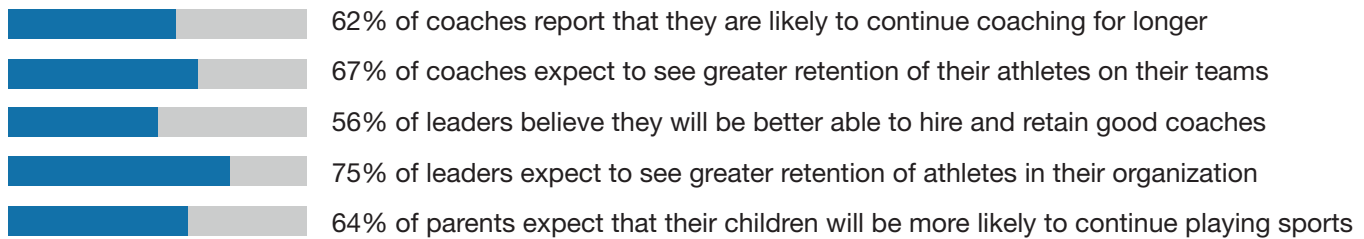
Parent-Coach Relationships



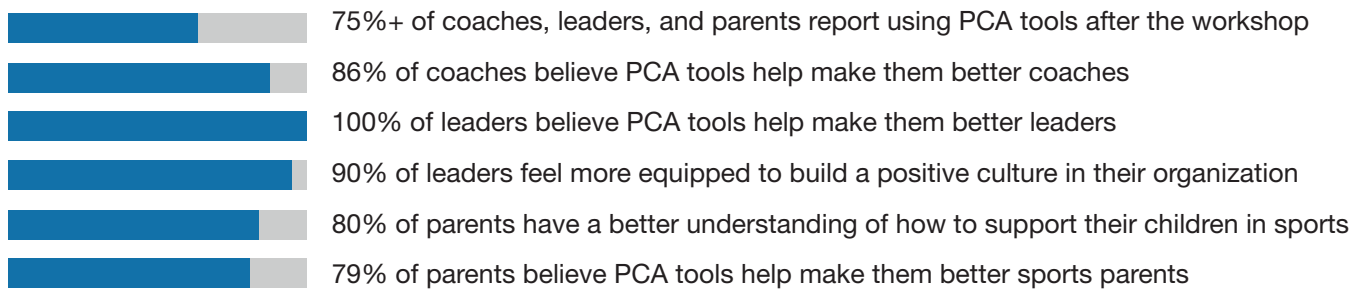
Using Sports to Teach Life Lessons



Coach and Athlete Turnover



Usefulness of PCA Tools



Results are based on 594 responses to surveys administered to coaches, parents, school and youth sports organization leaders six weeks after PCA workshop participation between September 1, 2022 and August 31, 2023. Workshops occurred across the country.