



EXPANDING OPPORTUNITIES FOR A POSITIVE YOUTH SPORTS EXPERIENCE

A workshop to help identify program gaps and explore strategies to expand opportunities so that every athlete, regardless of background, can experience belonging, growth, and joy in sports.



WHY IT MATTERS?

Across the country, too many young people are being left out of the benefits of sports. Without intentional reflection, monitoring, and community dialogue, sports leaders may not fully recognize the many barriers keeping youth from joining—or staying—in their programs.

HOW THIS WORKSHOP HELPS

This research based workshop utilizes data and practical solutions to help participants:

- Identify barriers that athletes in their community may face in accessing their programs
- Learn data-informed strategies to meet the different needs of athletes and create inclusive and accessible programming
- Develop actionable steps to engage community partners and remove participation barriers

WHY IT WORKS

This workshop helps participants take action by:

- Reflecting on data and lived experiences that will help to identify participation gaps
- Increasing awareness of how systemic barriers and unintentional practices limit access
- Applying inclusive design strategies that reduce obstacles and increase belonging

THIS WORKSHOP EMPOWERS LEADERS TO ENSURE THAT EVERY YOUNG PERSON—NO MATTER THEIR BACKGROUND OR CIRCUMSTANCE—HAS THE OPPORTUNITY TO EXPERIENCE THE LIFE-CHANGING POWER OF SPORTS.

SCAN FOR MORE INFO

