

PROGRAM IMPACT SUMMARY: 2025

The following data represents 612 responses to surveys administered to coaches, parents, and youth sports leaders six weeks after PCA workshops participation between September 1, 2024-August 31, 2025.

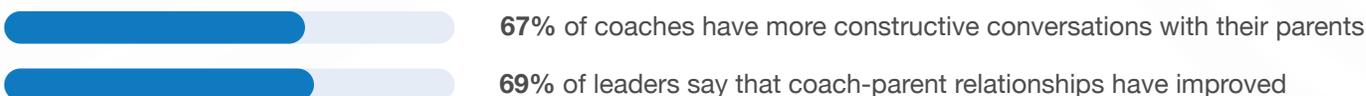
COACHES' ABILITY TO SUPPORT LIFE SKILLS DEVELOPMENT & SOCIAL EMOTIONAL LEARNING



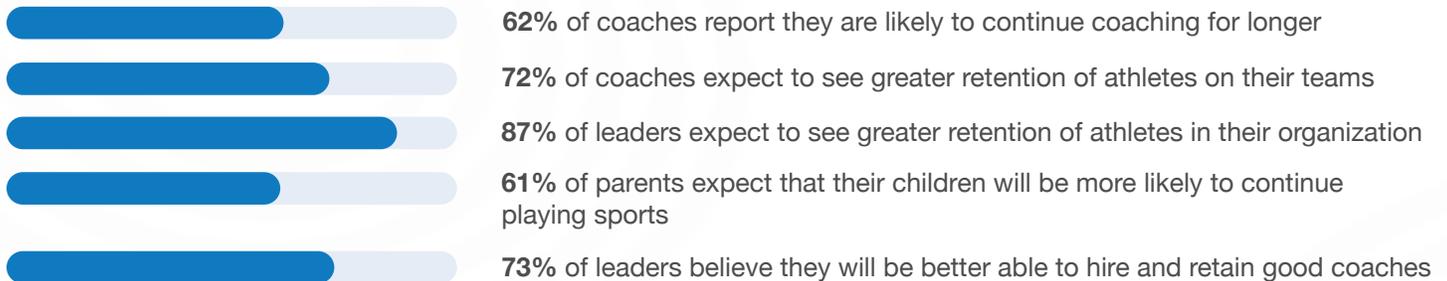
SPORTS AS FUN/POSITIVE EXPERIENCE



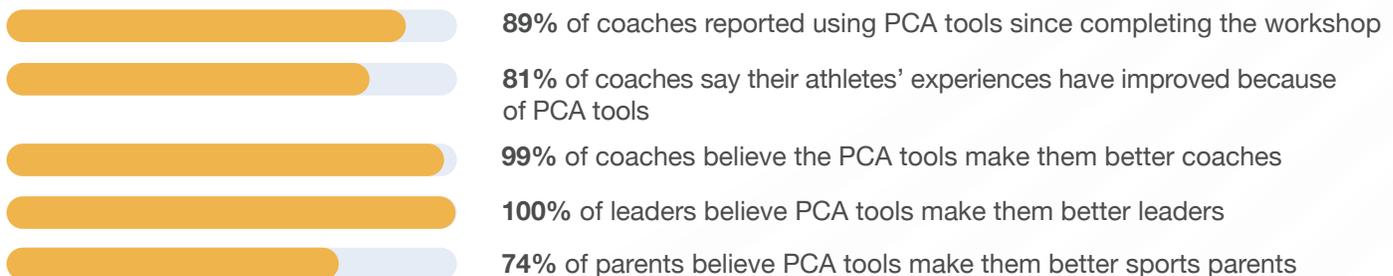
PARENT-COACH RELATIONSHIPS



COACH/ATHLETE TURNOVER



USEFULNESS OF PCA TOOLS



TESTIMONIALS

“**The PCA workshop was a great experience** that provided practical tools for creating a positive, athlete-centered environment. It reminded me how important it is to focus on effort, learning, and growth — not just wins and losses. The session was engaging, well-paced, and full of real takeaways I can use right away as a coach.” —*City of Burbank*

“**My experience with PCA was truly inspiring.** These trainings are so much more than just coaching tips— they’re powerful tools that help us grow not only as coaches but as mentors and role models for our players. Youth sports is about more than wins and losses; it’s about shaping character, building confidence, and creating a positive space where kids can thrive. PCA gives us the resources to do exactly that. I believe every coach should have access to this kind of training—it elevates the game for everyone involved.” —*Coach*

“Thank you, this experience with **the tools you provided me with really help me to gain connection with my players** and made me enjoy coaching not only just for my kid but for all of them! This experience was amazing!!” —*Coach*