



# Key Qualities of a PCA Trainer Candidate

**The more that apply to you, the stronger of a candidate you are**

- You have a combination of energy, enthusiasm, and sense of humor
- You regularly practice active listening: Listening to understand, not to respond
- You have group facilitation and/or public speaking experience
- You can engage and connect with a wide variety of audiences, i.e. athletes, coaches, parents, officials, and administrators with a range of sports backgrounds
- You have coaching experience at any of the following levels (youth, high school, collegiate, international, or professional)
- You have experience playing, coaching, administering, or officiating in more than 1 sport
- You have experience teaching at any of the following levels (after school, K-12, or college)
- You have experience as a trainer, i.e. running workshops or professional development sessions
- You have strong organizational and time management skills
- You attended a PCA workshop, completed a PCA online course, or read a PCA book
- You are fluent in editing a PowerPoint presentation
- You are available for a 5 hour time period for workshop travel and facilitation on weekends, weeknights, and/or weekdays
- \*Fluency in more than 1 language is a plus

