



DEVELOPING THE TRIPLE-IMPACT COMPETITOR®

Drawing on the principles of PCA's Double-Goal Coach®, this workshop recognizes that coaching in high school is worlds apart from coaching youth sports. Winning takes on greater significance; and the more important goal of a Double-Goal Coach – **teaching life lessons through sports** – is critical as student athletes mature.

We'll explore how to **apply the principles of Positive Coaching** to the role of a coach striving to win and to teach life lessons. And we'll apply these principles to the role of an athlete committed to making themselves, their teammates, and their sport better.

This workshop recognizes that coaches and athletes face challenges that come with the territory of high school athletics, such as the increased pressure to win, how to balance athletics with other pursuits including academics, and the desire to play in college.

Participants will share ideas on:

- how to tackle the most significant coaching challenges at their school
- how to succeed on and off the scoreboard, and
- how to maximize their ability to create Better Athletes, Better People.

Attendees are sent free access to the *Elevating Your Game Coach's Guide*, which aids coaches in using PCA's *Elevating Your Game: Becoming a Triple-Impact Competitor* (optional – can be ordered by the school administrator) with their athletes.

