

Sports Can Battle Racism:

Courageous Conversations

HERE ARE FIVE QUESTIONS YOU CAN
ASK YOURSELF

Conversations about race are difficult. In sports, these conversations are more important now than ever before. We know sports is a place where people from all backgrounds come together. It is for this reason we want to make sure we equip you with resources to help you engage and have dialogue with the youth you mentor.

Do you listen to understand?

Active listening is the first step in DEI competency.

How often do you interact with, listen to, or have open conversations with people from different backgrounds, identities, or cultural experiences?

What are some ways to have more conversations with diverse perspectives?

What is the focus of this workshop?

PCA defines culture as “the way we do things here.” This workshop explores ways to create an inclusive environment through defining the “we” and provides historical context to how sports has been used to battle racism. The learning objectives of this workshop are curiosity, honesty, education and commitment. This workshop will increase participants’ knowledge about racism and the role sports can play in combating racism. Participants will walk away with specific tools for developing a caring climate, stretching moral courage, and action steps to do more in their programs to combat racism.

Will there be follow up to the workshop?

Yes, there will be six weeks of weekly follow up materials via email as well as a dedicated PCA Program Manager to work with you on questions that may arise.

What is the maximum number of attendees in the workshop?

60 max which will allow for 15 people in four breakout rooms.

What is the time commitment of the workshop?

90 minutes via Zoom.

Producer who lead attendees through activities, breakout

