

# Sports Can Battle Racism:

## A Workshop For Coaches

PLEASE MAKE SURE YOU HAVE VIEWED  
THIS VIDEO IN ITS ENTIRETY.

In this 105 minute workshop experience, your coaches will have an interactive discussion on how to combat racial discrimination, champion moral courage and empower their programs to create positive change in their communities. We will explore historical displays of leadership, like that of Jackie Robinson, to create a more equitable environment in youth sports.

### FREQUENTLY ASKED QUESTIONS

#### **Who is this workshop intended for?**

The youth and high school sports coaching community. While we recognize many parents are coaches, too, there will not be language specific for parents.

#### **What is the focus of this workshop?**

PCA defines culture as “the way we do things here.” This workshop explores ways to create an inclusive environment through defining the “we” and provides historical context to how sports has been used to battle racism. The learning objectives of this workshop are curiosity, honesty, education and commitment. This workshop will increase participants’ knowledge about racism and the role sports can play in combating racism. Participants will walk away with specific tools for developing a caring climate, stretching moral courage, and action steps to do more in their programs to combat racism.

#### **Will there be follow up to the workshop?**

Yes, there will be six weeks of weekly follow up materials via email as well as a dedicated PCA Program Manager to work with you on questions that may arise.

#### **What is the maximum number of attendees in the workshop?**

60 max which will allow for 15 people in four breakout rooms.

#### **What is the time commitment of the workshop?**

90 minutes via Zoom.

#### **How many days in advance can I schedule this workshop?**

As always, PCA needs two weeks advance notice to schedule the workshop.

#### **Who is leading the workshop?**

There will be two Certified PCA Trainers and one PCA Producer who lead attendees through activities, breakout rooms, videos and powerful conversations.

#### **My coaches have never gone through one of PCA’s coach workshops. Should I do so before going through this workshop?**

We highly recommend coaches go through PCA’s Double-Goal Coach: Coaching for Winning and Life Lessons workshop prior to this workshop.



BETTER ATHLETES  
BETTER PEOPLE