

Success in the recruiting process is a great college experience. Finding the right mutual fit between an athlete and a prospective college requires input, research, and a strategy to get the right exposure to the right programs. This worksheet serves as a discussion guide to review critical factors that will help you execute an effective recruiting strategy.

RECRUITING ALIGNMENT MEETING

Athlete and Parent Worksheet

ANSWER BELOW

COMPETITION LEVEL

What level do you want to play in college?
Do you think this level is the best fit for you?

- There are over 26,000 colleges and universities across major governing bodies including NCAA DI-III, NAIA, CCCAA, NWAC, and NJCAA.
- Each governing body has different levels of play – it is important to research what is right for you.

POSITION

What is the best positional fit for you in college?
Is this different from what you play now?

- Consider what position(s) you play now and how it would translate in college.
- In some cases, it may make sense to target a different position at the next level.

SCHEME

How do you play your position? How do you see this method of play fitting into a college team?

- Different programs have different offensive and defensive schemes, so it is important to research what your target schools employ.

ACADEMIC STANDING

What is your GPA and what are your standardized test scores?

- Include weighted and unweighted GPA, composite scores, and individual section scores for standardized tests like the ACT and SAT.

GEOGRAPHY

Where do you want to go to college, geographically? For parents - do you feel comfortable sending your child there?

- Geography can have an impact on satisfaction and happiness.
- Consider the distance from home, in-state versus out-of-state, where you have family, weather, etc.

POTENTIAL MAJORS

What do you want to major in? Do you have a general field of study you might want to pursue?

- You don't need to know your major now, but it's important the school you choose can support an area of study you are targeting.

OTHER INTERESTS

Are there any extracurricular interests you have or might want to pursue in college? Will any of these take away time from playing your sport?

- Hobbies, such as fishing, photography, and cooking, are great conversation starters.
- Interests like studying abroad, religious activities, and personal circumstances might require more time outside of sports.

FINANCES

About how much are you willing to spend on the expenses associated with playing in college? Do you expect to receive scholarships or financial aid?

- This can help arm your coach with details about potential scholarship needs and/or tuition requirements.

CURRENT RECRUITING EFFORTS

Do you have a recruiting plan? Are you using any resources to help guide you through the recruiting process? Have you been in contact with any college coaches?

- This is the time to let your coaches know about your recruiting efforts outside working with your coach, and whether or not you have contacted any college coaches.
- The point is to make sure you, your family, and coaches are aligned on a recruiting strategy and plan.